

ANNIVERSARY 5K

Sep 15 – Oct 29, 2020

#Anniversary5k



A Guide to Participating in the *Anniversary 5K - Sydney Olympic Park*

5:00am Tuesday, 15th September – 11:59pm Sunday, 29th October

A Celebration of the 20th Anniversary of the Sydney 2000 Olympic & Paralympic Games.
An in-precinct and uniquely remote experience.

What is the *Anniversary 5K - Sydney Olympic Park*?

The purpose of the *Anniversary 5K - Sydney Olympic Park* is to celebrate the incredible history, memories, and structures that provided the home for “The Best Games Ever” – the Sydney 2000 Olympic Games and Sydney 2000 Paralympic Games.

The *Anniversary 5K - Sydney Olympic Park* involves completing either a 5K route around Sydney Olympic Park, or a remote 5K, between the Sydney 2000 Olympic and Paralympic Games period of Tuesday, 15th September to Thursday, 29th September.

This unique fun run, walk or roll is open for to all to enter and participate in, no matter where they are located, and those who live nearby can come to the park to enjoy the 5K route the RunNSW team has mapped out using 50 branded decals along the iconic roads and paths of the Games.

After completing your run, walk, or roll, you simply need to submit your result with your selfie taken on course, and then wait for us to get in touch with you with your one-of-a-kind digital finishers’ medal!

Note regarding participant conduct during the event

With ANY in-precinct or remote run/walk/roll undertaken – whether in training for the event, or the actual event - all measures that have been stated by the NSW Government, including limiting all outdoor activities to a maximum of twenty (20) people, avoiding regional travel to participate in sporting activities, and social distancing (1.5 metres apart from others at all times), MUST be adhered to by any participant during the *Anniversary 5K - Sydney Olympic Park*.

How to register for the RunNSW Virtual Series

You can register for the *Sydney Olympic Park Anniversary 5K* by [simply clicking here!](#)

Adults (18+ years) \$15.00 | Children (3-17 years) \$10.00

If you’re having trouble registering someone under the age of 18 years old, please [click here](#).

Once you’re registered for the run, you’ll receive a “Registration Confirmation” email in your inbox, with your “Registration ID” located under a QR Code on the top right of the email. **This ID number is critical as this will allow you to unlock the results page that allows you to enter your time for each run.** So make sure you’re able to access this email once you’ve completed your run for that event!

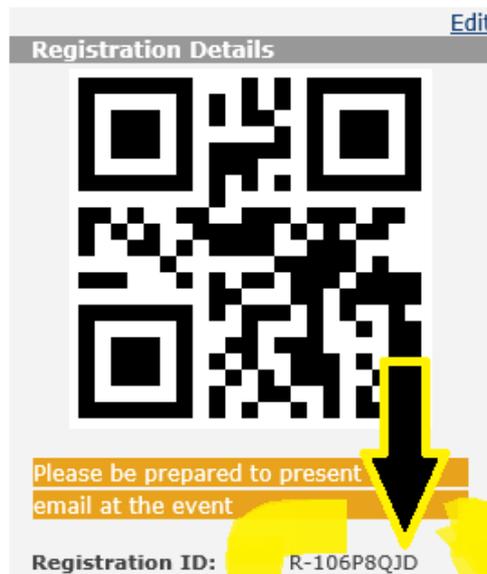
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REGISTRATION CONFIRMATION



How to submit your result

Congratulations! You've finished your run or walk, and you're now ready to tell us how you went!

You'll need to navigate to the Active Results Website, which is available here:

<https://resultscui.active.com/events/SydneyOlympicParkAnniversary5K>

Remember getting your Registration ID in your confirmation email? Well this is where you'll need to input it to access your personal results page!

After clicking "Go", you'll be navigated to the results page, where you'll do two things:

- 1) Enter your time
Please enter in the format of Hours (hh) : Minutes (mm) : Seconds
E.g. If you took 25 minutes and 0 seconds, enter as 00 : 25 : 00

Submit your result

Please submit your result before the race ends.

23d : 05h : 51m : 59s

R - 106P8QJD

Go

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- 2) Attach your selfie!
Please attached a file of you completing your 5K, either on the Sydney Olympic Park route, or in your local area!
ALL selfies that use the hashtag #Anniversary5K will go into the draw to win some great prizes!

RACE ON

Hello, James!

Please submit your result by entering your finish time and uploading proof of completion, such as a screenshot of your tracking app or photo of your GPS watch that shows the time and distance completed.

Category

Running - 5K

Finish time

 : :

Please enter your time to finish the race.

Upload file

Choose file

Format: PDF, JPG, JPEG or PNG. Size: less than 10MB.

Submit

Once you've successfully submitted your time and GPS file, you'll see the following window – and that's it – you're all done! We'll make sure that the details you provided check out and will be progressively publishing the results as the events continue!

RACE ON



You have successfully submitted your
Running - 5K result.

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What happens after I've submitted my result/selfie for the event?

We'll be in touch in the following days with the following:

- A "congratulations" email with your finish time
- Your personalised (name and finish time) digital medal ready to post on socials
- A link to a one-of-a-kind merchandise store with items celebrating the event (open only to those participants entering the event)

We'll also send out a survey to you – which will only take a few minutes to complete – as your feedback will help shape future RunNSW experiences we deliver, making them even better next time!

Thanks for reading through this document and now you're ready to enjoy the #Anniversary5K!

From the team at RunNSW,

Happy Running, Walking, Rolling. Wherever you are.